	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments	2 10:00 AM Daily Chronicles 10:30 AM Disco Seated Chair Exercise 1:30 PM Reminiscence Boards 2:45 PM Afternoon Refreshments 3:00 PM Trivia	9:30 AM Scenic Drive 3 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 11:00 AM Resident Fashion Show (COM) 1:30 PM Sing-along 2:45 PM Afternoon Refreshments 3:00 PM Christmas Craft with Kavina (COM)	4 10:00 AM Daily Chronicles 10:45 AM Coffee Talk (HH) 1:30 Carols with Jane (COM) 2:45 PM Afternoon Refreshments 3:00 PM Junk Drawer Detective	5 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:00 PM EZ Random Trivia 2:00 PM Holiday Decorating 2:45 PM Afternoon Refreshments	10:00 AM Catholic Communion (COM) 10:30 AM Coffee Social (COM) 1:30 PM Craft Club with Kavina: Picture Frame Door Decor (COM) 2:00 Holiday Decorating 2:45 PM Afternoon Refreshments 4:00 PM Dog Visit	7 10:15 AM Hand and Nail Care 11:00 AM Chair Fitness With Kavina 2:00 PM Daily Chronicles with Kavina 2:30 PM Movie Matinee- Miracle on 34th Street 2:45 PM Afternoon Refreshments
-	8 10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments	9 10:00 AM Daily Chronicles 10:30 AM Laughter Yoga (COM) 1:30 PM Reminiscence Boards 2:45 PM Afternoon Refreshments 3:00 PM Musical Bubbles	10 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM Sing-along 2:45 PM Afternoon Refreshments 3:00 PM Peppermint Soap Craft	10:00 AM Daily Chronicles 11 10:30 AM Lutheran Service (COM) 1:30 PM Tree-O Sing Along (COM) 2:00 PM Resident Art Show (PR) 2:45 PM Afternoon Refreshments 3:00 PM Mary K.'s Birthday Celebration Mary K.'s Birthday	12 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM Baking with Nicki- Sweet Cranberry Muffins 2:45 PM Afternoon Refreshments 3:00 PM Craft Club: Holiday Clay Pot (COM)	13 10:00 AM Catholic Mass (COM) 10:30 AM Coffee Social (COM) 1:30 PM Sing and Strengthen Exercise Group 2:45 PM Afternoon Refreshments 4:00 PM Dog Visit	10:15 AM Hand and Nail Care <b>14</b> 11:00 AM Chair Fitness with Kavina 2:00 PM Daily Chronicles with Kavina 2:00 PM Wassail Party- Parkshore Ground Floor Everyone is Welcome 2:45 PM Afternoon Refreshments
-	15 10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments	16 10:00 AM Daily Chronicles 10:30 AM Harp Performance by Mary 1:00 PM Edina Choral Carolers (PR) 2:45 PM Afternoon Refreshments 3:00 PM Reminiscence Boards	17 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM Sing-along 2:45 PM Afternoon Refreshments 3:00 PM Making Dog Treats- Volunteer Craft 5:30 PM Holiday Lights Scenic Drive	18 10:00 AM Bobby and Christine 10:45 AM Coffee Talk (HH) 1:30 Carols with Jane (COM) 2:45 PM Afternoon Refreshments 3:00 PM December Birthday Party (COM)	19 10:00 AM Fay's Birthday Celebration 11:00 AM Exercise with Club 1:30 PM Pass the Parcel Game 2:45 PM Afternoon Refreshments 3:00 PM Holiday Celebration (COM) Fay's Birthday	10:00 AM Catholic Communion 20 (COM) 10:30 AM Coffee Social (COM) 1:30 PM Sing and Strengthen Exercise Group 2:30 PM Parkshore Classics Performance (PR) 2:45 PM Afternoon Refreshments 4:00 PM Dog Visit 6:00 PM Family Holiday Dinner	10:15 AM Hand and Nail Care <b>21</b> 11:00 AM Chair Fitness with Kavina 2:00 PM Daily Chronicles with Kavina 2:30 PM Movie Matinee- Mistletoe and Menorahs 2:45 PM Afternoon Refreshments Winter Begins
-	22 10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments	23 10:00 AM Daily Chronicles 10:30 AM Cardio Drumming (COM) 1:30 PM Reminiscence Boards 2:30 PM Flower Arrangements (COM) 2:45 PM Afternoon Refreshments 3:00 PM Balloon Volleyball	24 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM Winter In Hues of Blue Craft 2:45 PM Afternoon Refreshments 3:00 PM Ann's Birthday Celebration Ann's Birthday	25 10:00 AM Holiday Coloring 1:30 PM Christmas Carols with Staff 2:45 PM Afternoon Refreshments 3:00 PM Hanukkah True or False Game Hanukkah Begins Christmas	26 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM The History of Kwanzaa 2:45 PM Afternoon Refreshments 3:00 PM Reminiscence Boards Kwanzaa	27 10:00 AM Catholic Mass (COM) 10:30 AM Coffee Social (COM) 1:30 PM Sing and Strengthen Exercise Group 2:45 PM Afternoon Refreshments 4:00 PM Dog Visit	<u> </u>
	29 10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments	30 10:00 AM Daily Chronicles 10:30 AM Laughter Yoga (COM) 1:30 PM Reminiscence Boards 2:45 PM Afternoon Refreshments 3:00 PM Indoor Golf	31 10:00 AM Daily Chronicles 11:00 AM Exercise with Club 1:30 PM Fun with Food- The Snack Train 2:45 PM Afternoon Refreshments 3:00 PM Crafty Snowball Catapults Craft and Game New Year's Eve	De	ceml	oer 2	024

Reflections/Parkshore Senior Living, 3633 Park Center Blvd, St. Louis Park, MN 55416