		EMBER	2024		10:30 AM Coffee Social (COM) 1:30 PM Sing and Strengthen	10:15 AM Hand and Nail Care 11:00 AM Chair Fitness 1:00 PM Daily Chronicles 2:30 PM Movie Matinee 2:45 PM Afternoon Refreshments
) AM Deily Characiel				Diwali (Hindu)	
11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 11:00 AM Hymn Sing 2:30 PM 2:30 PM 2:35 PM	10 AM Laughter Yoga (COM) 10 PM Harp Performance by y (COM) 12 PM Afternoon Refreshments	11:00 AM Exercise with Club 1:30 PM Men's Group with Ray S. 2:45 PM Afternoon Refreshments 3:00 PM Craft Club: Fall Wreath	3:00 PM Name Tent	1:30 PM Thankful Connections Paper Chain Craft 2:45 PM Afternoon Refreshments	10:30 AM Coffee Social (COM) 1:30 PM Afternoon Exercise 2:45 PM Afternoon Refreshments	10:15 AM Hand and Nail Care 11:00 AM Daily Chronicles 2:00 PM Seated Stretching (<i>Kavina</i>) 2:30 PM Movie Matinee (<i>Kavina</i>) 2:45 PM Afternoon Refreshments
10:15 AM Sunday Mass 11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments 10:00 10:30 10:30 1:30 P 2:45 P Day S	D AM Laughter Yoga (COM) D PM Junk Drawer Detective D PM Afternoon Refreshments D PM Veteran's Remembrance D Sensory Activity	11:00 AM Exercise with Club 1:30 PM Rocking Record Door Décor Craft 2:45 PM Afternoon Refreshments	10:30 AM Lutheran Service (COM) 1:30 Hymns with Jane (COM) 2:45 PM Afternoon Refreshments 3:00 PM Travelogue: Destination Cleveland, Ohio	11:00 AM Exercise with Club 1:30 PM Reminiscence Board- Part 1 2:45 PM Afternoon Refreshments	10:30 AM Coffee Social (COM)	10:15 AM Hand and Nail Care 11:00 AM Chair Fitness (<i>Kavina</i>) 2:00 PM Cranium Crunch (<i>Kavina</i>) 2:30 PM Movie Matinee (<i>Kavina</i>) 2:45 PM Afternoon Refreshments
11:00 AM Hymn Sing 10:30 1:00 PM Adult Art and 1:30 F Relaxation 2:45 F	10 AM Laughter Yoga (COM) 10 PM Italian Pizza Muffins 15 PM Afternoon Refreshments 16 PM Reminiscence Board- 17 2	1:30 PM Reminiscence Board- Part 2 2:45 PM Afternoon Refreshments		1:30 PM DIY Temporary Tattoos 2:45 PM Afternoon Refreshments 3:00 PM Rock N' Roll Theme Trivia	10:30 AM Coffee Social (COM) 1:30 PM Afternoon Exercise 2:45 PM Afternoon Refreshments 3:00 PM John R's Birthday	10:15 AM Hand and Nail Care 11:00 AM Magazine Scavenger Hunt (<i>Kavina</i>) 2:00 PM Whole Brain Health Exercise (<i>Kavina</i>) 2:30 PM Movie Matinee (<i>Kavina</i>) 2:45 PM Afternoon Refreshments
11:00 AM Hymn Sing 1:00 PM Adult Art and Relaxation 1:30 PM Daily Chronicles 2:45 PM Afternoon Refreshments 11:00 Game 2:45 P 3:00 P	10 AM Finish the Song Title 10 PM Baked Apple Fritters 10 PM Afternoon Refreshments 10 PM Short Story: The 16	11:00 AM Exercise with Club 1:30 PM Reminiscence Board- Part 1 2:45 PM Afternoon Refreshments 3:00 PM Carolyn E's Birthday	1:30 Hymns with Jane (COM)	2:45 PM Afternoon Refreshments 3:00 PM Movie Matinee	10:30 AM Coffee Social (COM) 1:30 PM Meditation and Brain Strengthening 2:45 PM Afternoon Refreshments	10:15 AM Hand and Nail Care 11:00 AM Runaway Routine Exercise (<i>Kavina</i>) 2:00 PM Match Up Game (<i>Kavina</i>) 2:30 PM Movie Matinee (<i>Kavina</i>) 2:45 PM Afternoon Refreshments
John R's Birthday Reflections/Parkshore Senior Living, 3	3633 Park Center Blvd St I	Carolyn's Birthday	ogram with AL Wellness Club	Thanksgiving Day		