Parkshore Weekly Sept. 4-10, 2022

Sign-up sheets for designated programs will be located in the LIBRARY

*RA= Means Resident Ambassador in charge of mask use.

MASKS ARE REQUIRED FOR ENTRY INTO ALL PROGRAM ACTIVITIES

Sunday, September 4th

10:30-12:00 – Weekly Catholic Communion Service- Performance Room

Monday, September 5th   Labor Day Holiday

No scheduled programs today.

Tuesday, September 6th

10:30am – Card Cutters-Card Room

11:00am- Group Crosswords- Performance Room

3:00pm- Harp Performance by Mary Keithahn- Performance Room

6:15pm – Hand & Foot – - Card Room *RA Sign up needed

7:00pm-Blackjack – -Card Room *RA Sign up needed

Wednesday, September 7th

10:00am- Bistro Bingo

11:00am – Poetry- Performance Room

1:00pm- Resident Meeting- Floor Hosts and Sign up -Performance Room

3:00: Time For Chat- Card Room

Thursday, September 8th

1:30pm – Knitters and Crafters- RA Card Room

2:30pm- Blackjack with Gwen- Performance Room

3:30pm – 5:00pm - Cribbage/Rummikube -Card Room *RA   Sign up needed

6:30pm – Bridge - Card Room *RA Sign up needed

Friday, September 9th

10:00am – Bistro Bingo

10:00am – Our Lady of Grace Communion- Community Room

10:00am – "Café Francais"- learn basic French with Diane K.- Card Room

12:30pm- Men's Group- Card Room RA

2:30pm- Mahjongg- Card Room RA

2:30pm- Poetry Writing- Performance Room RA

7:00pm – Farkel Dice - Card Room *RA   Sign up needed

6:30pm – Dominoes - Card Room *RA   Sign up needed

Saturday, September 10th

7:00pm – Bingo $1 per card- Parkshore Dining Room   Please Come On Down!

Director of Programs: Gwen Wellner (952) 848-5806 gwellner@parkshorecampus.com Wkly Calendars in Cubbies and Program Signups in Library are distributed on THURSDAYS

**Look for a summary of "Conversations That Matter" on the backside of this calendar

This material was presented at a community meeting, organized by **Conversations That Matter**, a Parkshore resident group formed in 2017, to put forth ideas and generate information about living well in later years of life, and end-of-life decisions. Shelby Andress, Stu Hanson, Paul Nicholson, Carolyn Papke, Audray Reese…Lee Wilson, presiding.

CYBER SECURITY SUMMARY 8/26/22 Presented by Katie Fitzhenry and Ken Sysko, Youth and Community Outreach Division,St.Louis Park Police Department CALL: 952-924-2618 (non-emergency dispatch)

Note: Scammers and fraudsters are intelligent and crafty, often from outside the United States. They do not want to get caught. They will imitate banks, government, businesses, friends & relatives. It's a 6 billion dollar annual "business". Do not text or click on a link/attachment, it can send a virus into your computer. Instead: DELETE. Verify with a person you know. The less electronic info "out there" about yourself, the better off you are. Use local police to report scams. They are in touch with various government organizations who investigate large scams and keep data bases to accumulate information. (AARP is the biggest private organization working on scam/fraud.)

Open source: scam information can come from social media connections where all kinds of your personal information can become public by friending someone. (Children get scammed easily because they want lots of "friends"; it can lead to sex solicitation on phone media. Apple is putting security measures in place for underage kids through parent notification.)

Physical Security: Keep your purse in front of you, not in shopping cart; don't be distracted by one person while the other steals your wallet/purse.

Telephone Calls: Hang up on illegitimate calls. Phone numbers are readily spoofed (not accurate). If you don't know the person calling, let your answering device take the message. Do not give out information. Hang up. Call a legitimate phone number you know & check it out.

ATM: protect your PIN numbers when using machines.

Computers: Your WIFI is password protected, only you can use it; but if using public WIFI, your passwords and private information can be accessed by others. • Make sure your passwords are random & different for each account. • When accessing a site, make sure it is secure with padlock symbol in address line. (Also, your computer may indicate insecure site.) •Lock down your IP (internet protocal) address; access allows anyone to tap into your computer. •Keep phones and computers updated when notified. •Don't answer questions in an email or text message. The computer companies buy & sell information, anyone can use their services for bad or good.

Government: will use U.S. mail to contact you, they will never threaten or request money over the phone or internet. Spot imposters…don't believe caller ID…don't pay up front for a promise…verify with someone you know…do not send money or personal information…hang up on robo calls…skip free trial offers…don't wire money…don't buy gift cards unknown. CALL: 952-924-2618, non-emergency St.Louis Park Police for help!